

# PATTERNS AND HABITS OF THINKING QUESTIONS

- Bearing in mind that your TLC Profile not only reflects the context of your work environment and the evaluators you selected, in addition, it will also help you to pinpoint some of the patterns and habits that you have brought with you from the past ...
- What else will assist us both during your Profile debrief is if you can provide a snapshot (10-15 minutes) of pivotal experiences, events and significant people that may have shaped your patterns and habits of thinking – from three specific time frames in your life:
  - \* Starting with your current role, or over the last few years, any pivotal events, circumstances or significant people that may have shaped your patterns and habits of thinking? (give example e.g. restructures resulting in redundancies of colleagues) – LET THEM ANSWER
  - \* What about when you made the transition from the time you finished education to your first job – were there any pivotal events, circumstances of significant people that might have shaped your patterns and habits of thinking? ( give example) – LET THEM ANSWER
  - \* What about the earliest shapers of your patterns and habits of thinking – your formative years i.e. family environment, family size, siblings, mother and father, family values, where you grew up, school etc.? (normalize by giving an example e.g. parents both perfectionists, so guess who picked up that habit?) – LET THEM ANSWER

