Mastering the Debrief

Harvesting the Wisdom Among Us

leadership CIRCLE

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WHAT IS "MASTERY?"



Build rapport and connection and affirm confidentiality



Explain agenda of the debrief



Ask for an overview of their business context: challenges, goals, evaluators, etc.

Leadership Journey / Patterns & Habits (key influencers and shapers):

- Recent years up to present: events, people etc.
- Career building: lessons learned, key people, etc.
- Early/formative years: family influences/values/ cultural influences, schooling, where grew up, etc.

Explain Leadership Circle Profile structure (The LCP Brochure works great for this)



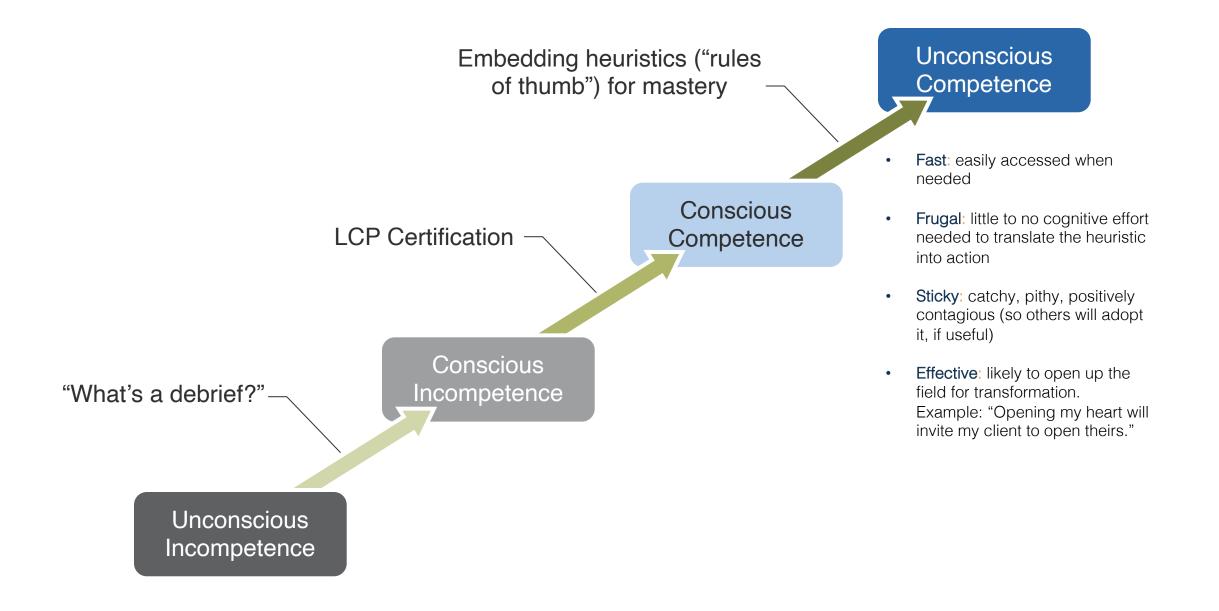
Invite them to read the Comments, then show Profile & invite the client to interpret what they see DEBRIEF STEPS



Finish with Awareness assignment

Join with them in the exploration – coaching skills

- What are they curious about? What do they want for their leadership?
- Listen for possibility and ask questions for clarity and understanding
- Explore: gaps between self and other perceptions, Reactive-Creative dynamics
- Share your perspective as you go along, trusting intuition and checking out hunches
- Pay attention to and name what is coming up in the session vis-à-vis the Profile
- Explore: their Leadership Brand and what's at risk if they do/don't change?
- Be mindful, remember you are a co-explorer with them (not the expert about them)



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DEBRIEF

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Rules of thumb for mastering the debrief: Other examples

Preparing for the debrief:

- "Approach each new profile with deep respect and tender compassion."
- "Appreciate, appreciate, appreciate."
- "Create hypotheses about possible dynamics...and then let them go."
- "Determine to be in 'beginners mind' and arrive curious."

During the debrief:

- "Connect heart to heart, energy field to energy field (create coherence)."
- "Contract for candor and authenticity."
- "Don't over-do structure AND don't over-do free-form coaching. Bring the best of both."
- "Connect the dots between the client's Leadership Journey and the LCP results."
- "Trust your intuition and give voice to what you're noticing."
- "Keep the spotlight shining on the client, not on your brilliance and expertise."



First Conversation: Peak Debrief Experiences

- 1. Say "Hi" briefly—no long introductions
- 2. Share briefly the nature of "peak" debriefs, in your experience.
 - How did they feel, during and after? What makes them transformational?
- 3. Brainstorm a list of your wise "rules of thumb for mastery"
 - Recommended length: a phrase or single sentence
 - One person record them as you go
- 4. Before returning to the main session, choose two or three to share in the Chat.

YOU HAVE 20 MINUTES. TRUST YOUR INTUITION AND WORK QUICKLY.

Second Conversation: Worst Debrief Experiences (Yikes!)

- 1. Say "Hi" briefly—no long introductions
- 2. Consider your worst experiences doing debriefs: What wisdom can be gleaned?
- 3. Share your ideas and choose one or two rules of thumb to put in the Chat.

YOU HAVE 10 MINUTES. TRUST YOUR INTUITION AND WORK QUICKLY.

