

Claiming Your True Gift: Balancing Qualities and Skills

Michael O'Connor – VP Global Community November 2023

> LEADERSHIP CIRCLE

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OUR PURPOSE

We exist to evolve the conscious practice of leadership, to steward the planet, and to awaken us all to our inherent unity.





Claiming Your True Gift: Balancing Qualities and Skills Session Objectives:

- ✓ Review how the UML[™] aligns with adult development theory.
- Discuss the dimensions of the Reactive Tendencies, reviewing the inner assumptions, beliefs, and gifts, and their correlation to leadership effectiveness.
- Dive into the research on the benefits and liabilities of Reactive Tendencies.
- Learn ways to build a development plan that aids leaders in leveraging and managing their Reactive Tendencies.







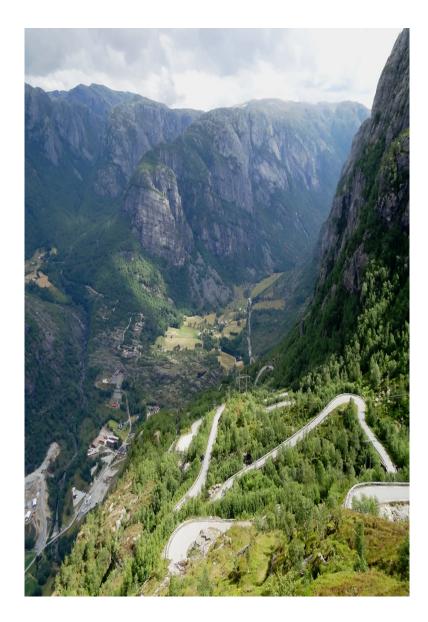


Poll 1: What is your experience in using the Leadership Circle 360 Assessment?

- 1) Newly certified
- 2) Haven't used it yet, but wanting to
- 3) I've used it with 1-10 leaders
- 4) I've used it with more than 10 leaders.
- 5) I've used it with more than 25 leaders

"The process of becoming a leader is much the same as the process of becoming an integrated human being. For the leader, as for any integrated person, life itself is the career. Discussing the process in terms of 'leaders' is merely a way of making it concrete."

Warren Bennis



History of Leadership Circle – Bob Anderson

Bob Anderson saw the work as a random collective and embarked on integrating it. 20 years to create UML [™], which then became the LCP [™].

- <u>Robert Fritz:</u> Creative and Reactive.
- Larry Wilson: Play to Win/ Play not to lose
- Above the Line / Below the Line
- External and Internal Locus of Control
- <u>Enneagram</u> 9 types (in 3 groups)
- <u>Bob Kegan</u> Immunity to Change: He saw these frameworks vertically integrated; adults grow (if they grow) through a predictable pattern.

All of this happens across the world (cross-culturally validated),

Later stages look like creative, lower stages look like reactive.

All underpinned in a consciousness of leadership.

How we as leaders "show up".

Karen Horney

was a Neo-Freudian psychologist known for her theory of neurotic needs, her research on feminine psychology, and her critiques of Freud's emphasis on the concept of penis envy.



Three-character structures:

- Toward Complying Heart
 - Complying has a commitment to serving others. But the cost is giving up our power. I will be kind if you see me as likeable. My identity is founded on this (from the outside).
- Against Controlling Will
- Away Protecting Head;

While each having a limiting factor about them, each comes with inherent gifts. My assumptions (about my identity) limit my ability to contribute on my terms.



Descending Current

SAFETY (FEAR) SHADOW



My "Aha Moment"

I met with Bob Anderson, not for coaching, but more for his "academic view" of my profile.

See any Pleasing or Driven in this very request?

Bob reviewed my graph for about 10 seconds, was then quiet, and then started laughing.



Bob Anderson Founder Leadership Circle

He shared the following:

Mike this profile is EXACTLY how I know you! I see you as intentional, dependable, dedicated and committed. This profile defines **exactly what I love about you**.





He makes a reference to Kintsugi , indicating that my "dings and dents" are what he loves most about me.

For (really) the first time, I started to appreciate the gifts in the Reactive.

Bob reminded me that I was Creative, Resourceful and Whole.... And these (Reactive) gifts have been useful to me in the past and are significant in why I am seen as successful in my role.

He then offers this.....

- > Please remember that "fixing yourself" is a Reactive Tendency....
- Your Pleasing and Driven might be at the heart of your requesting this time with me (looking for external validation).
- I hope you allow yourself to consider the cost... I imagine you sometimes feeling over-burdened, fatigued, and sometimes not quite good enough. Perhaps there are long and hard days, where you do not stop and see all that you contributed.

Kintsugi: the art of precious scars (see picture): By repairing broken ceramics it's possible to give a new lease of life to pottery that becomes even more refined thanks to its "scars".

The Japanese art of kintsugi teaches that broken objects are not something to hide but to display with pride.

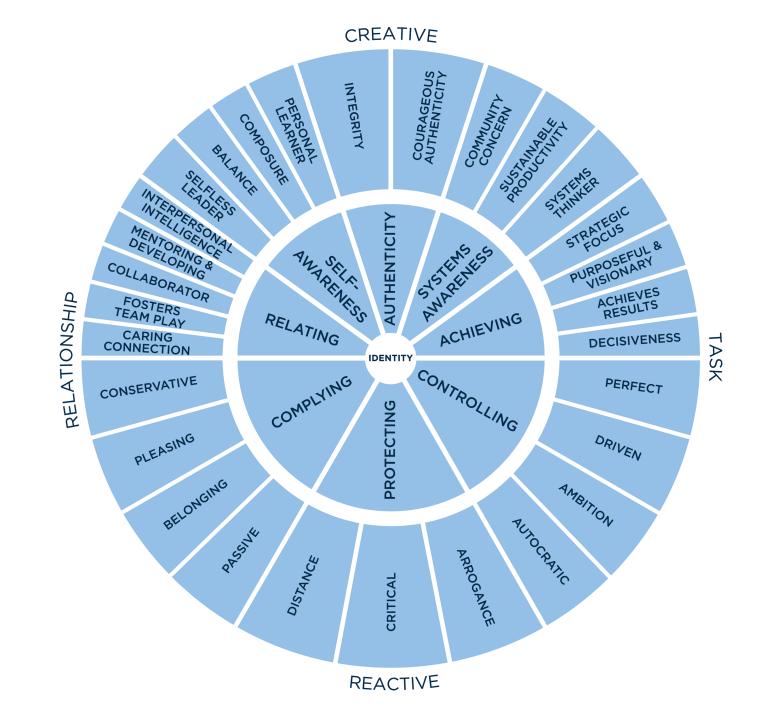


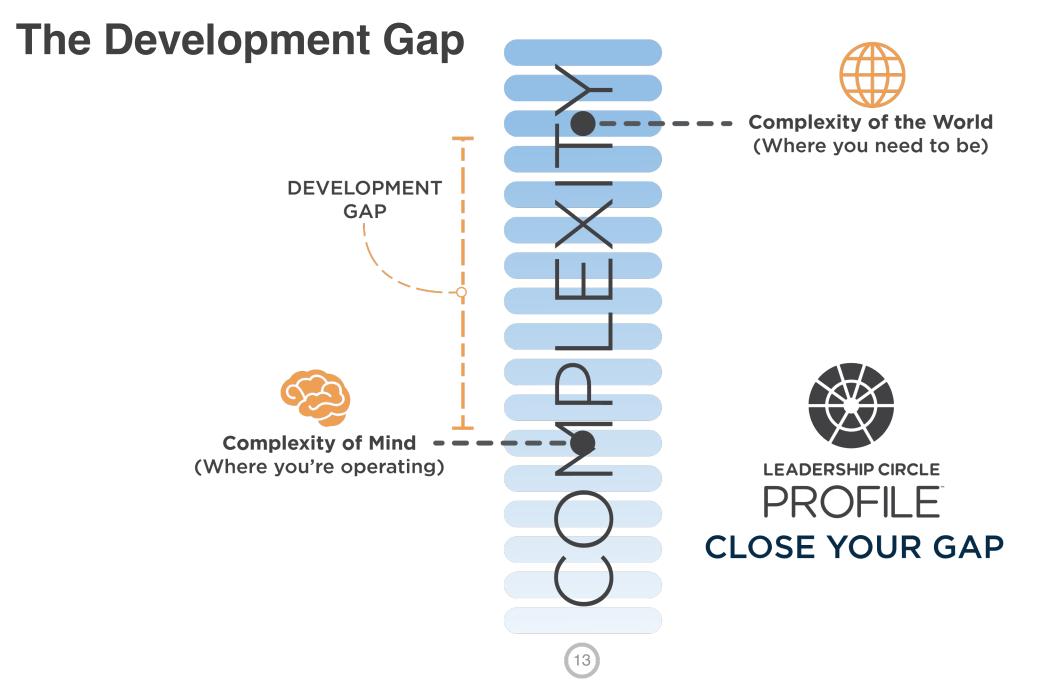


"As I was looking through my feedback last night the angel of death appeared..."











Creative Competencies

Relating

Caring Connection Fosters Team Play Collaborator Mentoring & Developing Interpersonal Intelligence

Self-Awareness

Selfless Leader Balance Composure Personal Learner

Authenticity

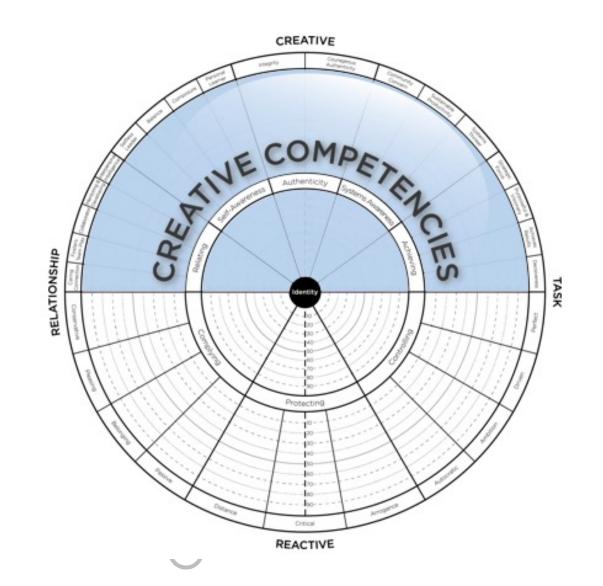
Integrity Courageous Authenticity

Systems Awareness

Community Concern Sustainable Productivity System Thinker

Achieving

Strategic Focus Purposeful and Visionary Achieves Results Decisiveness





Creative Leadership

- A focus on Mission, Purpose, things we love and care about.
- Invites a more authentic version of ourselves, as we liberate ourselves from the limitations of the Reactive; we are less dependent on the outside for validation.
- We work more autonomously in collaboration without all the fear, aggression, or self-protection.
- Highly correlated to Business effectiveness: truly scale the long-term capacity and capability to achieve meaningful outcomes.
- Collaboration and winning mindset: engaging, inspiring, and unleashing energy.
- The kind of leaders that others aspire to; mindful of what people want or need in leadership.

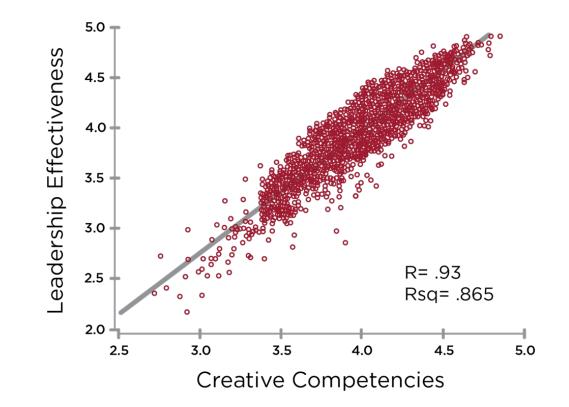




CREATIVE

EGRII

Leadership Effectiveness and Creative



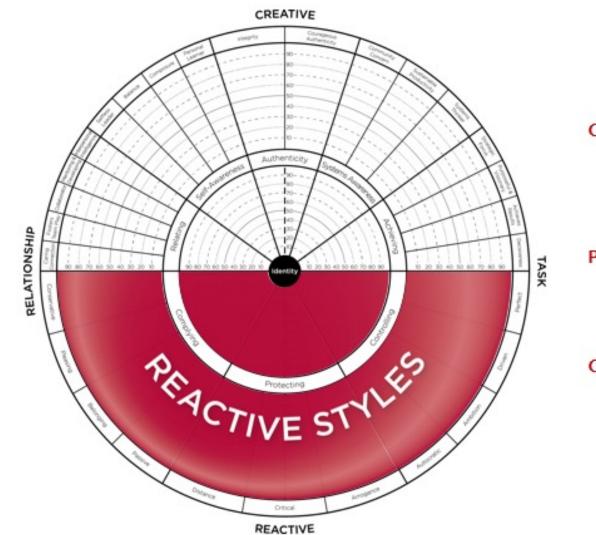


Building The Business Case for Leadership

A great strategy implemented by ineffective leadership is sure to fail.
Culture ALWAYS trumps strategy.... And leadership is the *Number One* influence on culture.

Research confirms effective leadership (*Creative*) outperforms ineffective (*Reactive*) leadership
Research: Most effective organizations make developing leaders a strategic focus.

Reactive Tendencies









Autocratic Ambition Driven Perfect



Reactive Leadership

- Merge with societal and corporate expectations of us.
- The Reactive is running our strengths from a reactive place... a play it safe or "play not to lose" manner.
- One's validation (safety, affirmation, self-worth) comes from OUTSIDE of them (from others, from results, from being in the know). "I am looking to you for validation".
- Supports immediate results, during times of stress or uncertainty (VUCA); they often come at a significant cost to the system and/or the leader.
- The short-term results can be quite compelling during times of stress or uncertainty; comes from a place of fear, self-protection or risk aversion.
 - It's like driving a car with one foot on the brake pedal. You will still reach your destination, but at a higher cost (time, energy, emotion, health, stress on team, etc.)
- Reactive Tendencies are NOT BAD in and of themselves (despite a common misperception); Goal is not so much "improving the Reactive" but learning what triggers them and learn to manage them.
 - There are gifts, much of it has been well earned and part of one's journey; they have contributed to where we are today; one can take advantage of the "gifts" if used with intention.
 - If not managed, and these dimensions of ourselves are managing us, can create unintended consequences that limit our effectiveness.



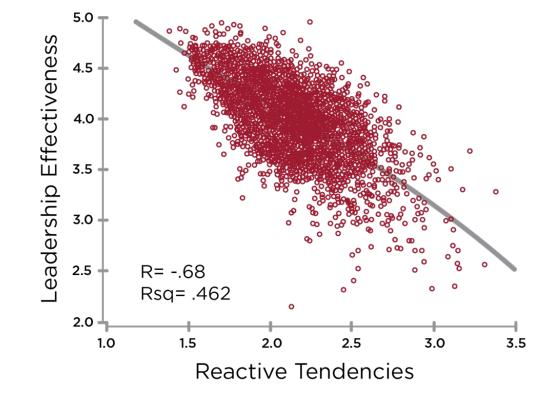




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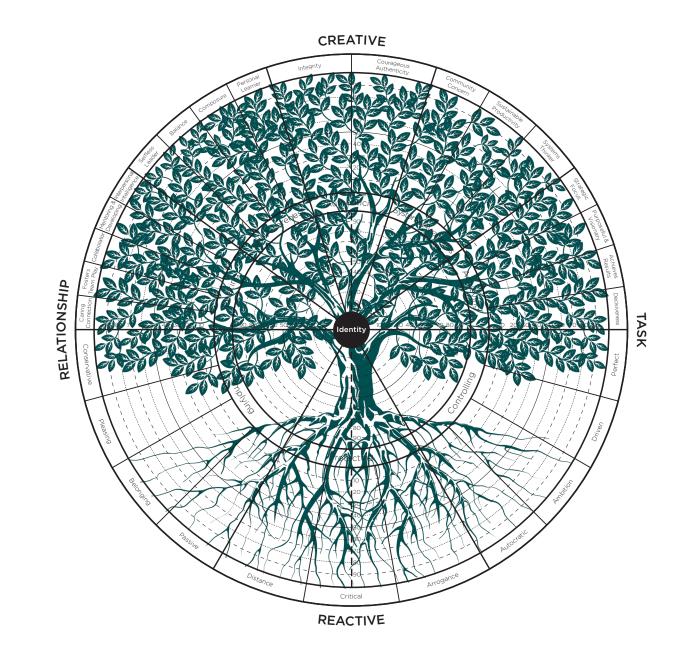
Leadership Effectiveness and Reactive





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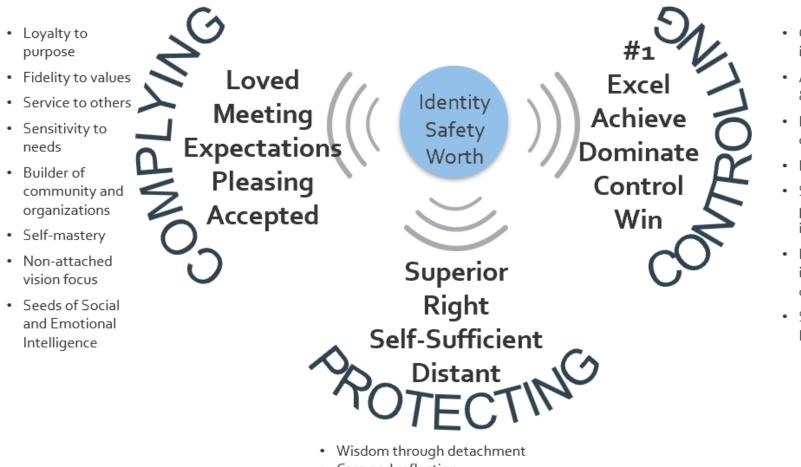




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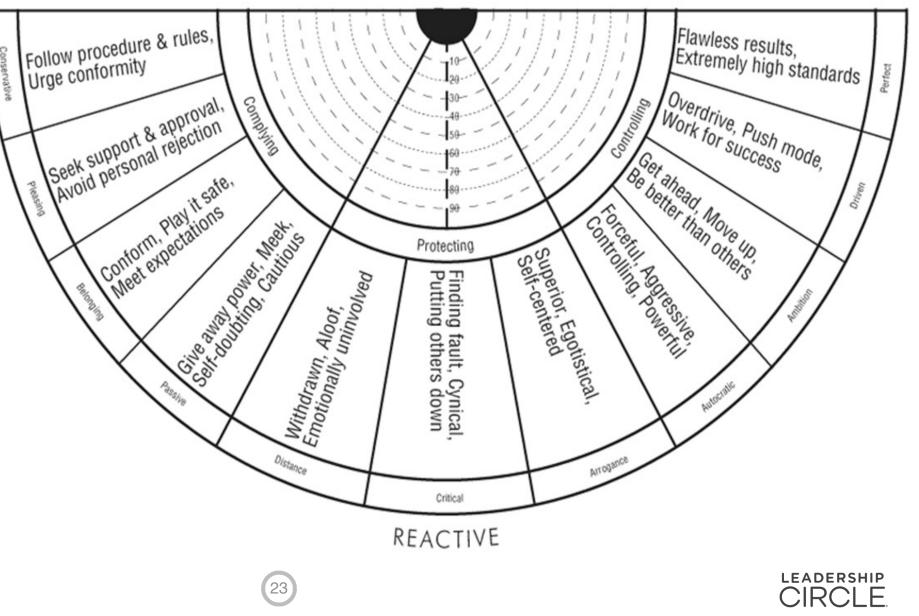
Gifts in the Reactive Character Structure



- Continuous improvement
- Acceptance of self & others 'as is'
- Desire for outstanding results
- · Energy and drive
- Service through persistence and influence
- Integrity to do what is needed even if controversial
- Seeds of Visionary Leadership

- Care and reflection
- Discernment
- · Challenging limited thinking
- · Strength of character—no need for credit
- · Mentoring others into their "bigness"
- · Seeds of Caring, Awareness, and Purposeful Courage





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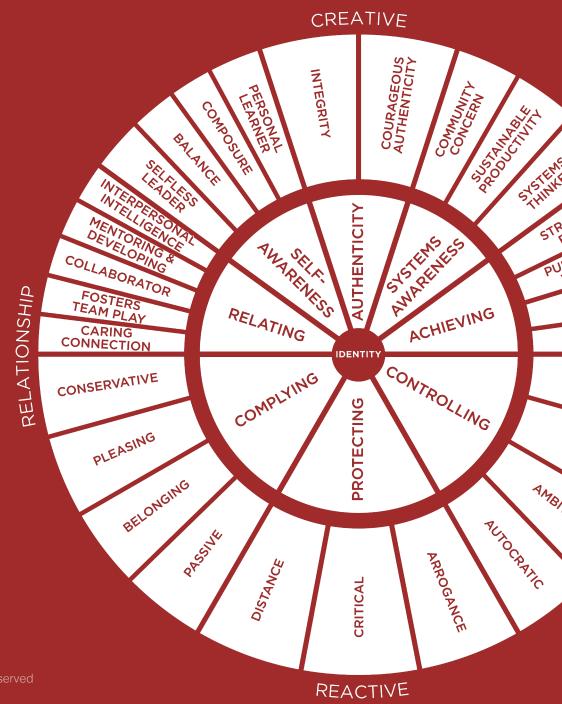
POLL: Which Reactive Tendency is your "go to" during times of stress, uncertainty or complexity?

- 1) Complying
- 2) Protecting
- 3) Controlling

Breakout Session: 7 minutes

Discuss a recent experience where you navigated between Safety and Purpose

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Gifts in go the Reactive

CLAIMING YOUR TRUE GIFT/ HARVESTING THE SHADOW

| COMPLYING | Claiming Your True Gift | Balancing Qualities and Skills |
|--------------|--|---|
| Conservative | Loyalty and fidelity to the organization's purpose. Champion of values and preserver of heritage. | Challenging the status quo, continuous improvement. Stretching self and organization to new opportunities and levels of performance. |
| Pleasing | Love for self and others. Willingness to give of oneself in service to others' needs | Saying no, asserting yourself, taking your stand, willingness to be unpopular. |
| Belonging | Builder of community and organization, committed purpose. | Independence. Championing directions that are counter to the status quo. |
| Passive | Mastery through self-selected goals. Non-attached, vision directed self-mastery. | Achievement for the enjoyment of it. Asserting yourself. Leading, being a creative force in your own and the organization's future. |
| PROTECTING | Claiming Your True Gift | Balancing Qualities and Skills |
| Distance | Wisdom through detachment, care and reflection. | Engagement. Self-confidence and assertion. An active group member. |
| Critical | Discernment through being inquisitive and challenging limited thinking. | Supporting and encouraging others. Valuing what is best about the other's position. |
| Arrogance | Strength of character without the need for credit. Mentoring others into their own "bigness." | Egolessness. Willingness to be unseen and unnoticed so that others can grow into their greatness. |
| CONTROLLING | Claiming Your True Gift | Balancing Qualities and Skills |
| Perfect | Constant pursuit of continuous improvement balanced with acceptance for things/people as they are. Desire to create outstanding results. | Gentle treatment of self and others. Acceptance of self and others. Detachment from the outcome. Stepping back that others may learn and grow. |
| Driven | Willingness to work and risk for what you love. Doing whatever it takes to realize your deepest longings. | Receptiveness. Slowing down to reflect and renew. Bringing wisdom into action. |
| Ambition | Desire to create outstanding results. Personal energy to pursue worthy results. | Loyal fellowship, collaboration, mutuality in relationships. Stepping back that others may learn and grow. |
| Autocratic | Service through personal strength, persistence, and influence. The integrity to do what is needed even if it is controversial. | Sensitivity to self and others. Respect and care, willingness to experience and share vulnerability-intimacy. Loyal fellowship and collaboration. |
| | As you let go of the compulsive linkage to safety and identity, you not only come into the true form of your giftedness, you become free to cultivate the opposite (shadow) side of yourself. | For controlling types that have overdeveloped the masculine side, they now engage and develop the feminine. Complying types assert the masculine parts of themselves. |

CIRCLE.

CREATIVE

[NAME]

Leadership Development Plan DRAFT Updated [DATE]

INTRODUCTION

Leadership development is a conscious effort to enhance my capacity to lead. This plan lays out my leadership improvement goals and objectives as well as actions I will take to achieve my goals.

The goals in this plan are intended to be realistic and practical. At the same time, they represent a stretch for me as a leader. They will allow me to deepen my own leadership and strengthen my positive impact on others. I will update and/or modify this plan as time goes on.

To fully realize my opportunities to improve, I will regularly review this plan and keep it updated to ensure it reflects my latest thinking, and that I am implementing against it.

BACKGROUND ON MY LEADERSHIP

I have based my development work on insights gained through my 360 assessment from the Leadership Circle, on feedback solicited and received verbally from others, and on my own candid introspection.

Key insights about my leadership that will inform my actions and my ongoing development:

[Enter text here] [Enter text here]

IMMEDIATE DEVELOPMENT WORK Over the next six to eight months, I will work on the following goal and behaviors.

One Big Thing that will significantly advance/accelerate my leadership effectiveness

[Enter text here].

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Leadership Development Plan (LDP)

Key insights about your own leadership

One Big Thing and One Big Liability

Articulation of a compelling vision of leadership

Immediate development work >>> Start & Stop Behaviors

Record of development progress







- Career building: Leaders, people, pivotal/ shaping experiences, lessons.
- Formative years: Influences, people, defining events, cultural influences.



description pages to walk through the Leadership Circle Profile model construct.

(Section: Description of the profile)



Co-Exploration 0

Focus on enabling understanding, insight, and curiosity utilizing the full report.

Inquire

about now?

and life?

Listen

or frustrating?

As possibilities

for clarity and

understanding.

emerge, ask questions

What is challenging

 Name what is coming up in the session. What are they curious

Explore

- Gaps between self and other perceptions.
- Reactive-Creative dynamics.
- impact How is it getting you what you want? How might it be holding you back?

- Leadership brand. (self/others)
- What's at risk?
- What's opening up in a new way?

Share

- Your perspective and trust intuition.
- You are a co-explorer - not the expert about them.

(Sections: Full report, Data and Graphs by category, Sorts)

Graphs and Summary Results

Orientation continues with client graphs and summaries -Explore inner circle results and then the outer circle graph results. Orient clients to their summary report scales.

- Inner/Outer/Full Circle Orient & inquire What are you noticing?
- Summary Results Integrate and orient Summary scales
- Reactive and Creative Dynamics Begin exploration of full graph/ breakout graphs

(Sections: Written Comments, Graph Results, Report Summary)



Deepening

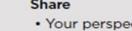
Awareness Finish with the

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Awareness assignment.

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- What do they want for their leadership
 - Assumptions and



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Upcoming Sessions:

November 14, 2023,: Title: Practitioner Spotlight : Transformative Leadership Coaching–Unlock the Strategies for Lasting Impact and Positive Change with Stacie Torres

<u>Dec. 7, 2023</u>, 9–10 a.m. MDT: <u>Set yourself up for 2024</u>– Learning to celebrate your growth and achievement, and learning to lean into what is/can be new



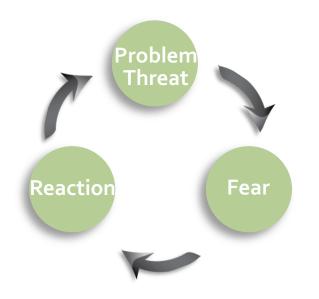
Thank you for joining us! Until next time.

Remaining slides in this draft deck are for possible adds to deck



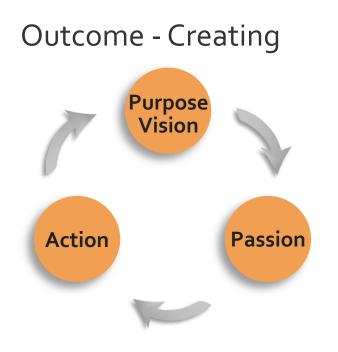
Two Structures of Mind

Problem - Reacting



Anxiety – Containing

"It" has me / "It" is managing me Moving away from what I don't want Playing not to lose Outside-in operating system



Energy – Unleashing

I have "It" / I am managing "It" Moving toward what matters most Playing to win together Inside-out operating system



ROBERT J. ANDERSON WILLIAM A. ADAMS NDERSON ADAMS Mas Mastering LEADERSHIP ADERSHI An Integrated Framework for Breakthrough Performance and Extraordinary Business Results WILEY

MASTERING LEADERSHIP:

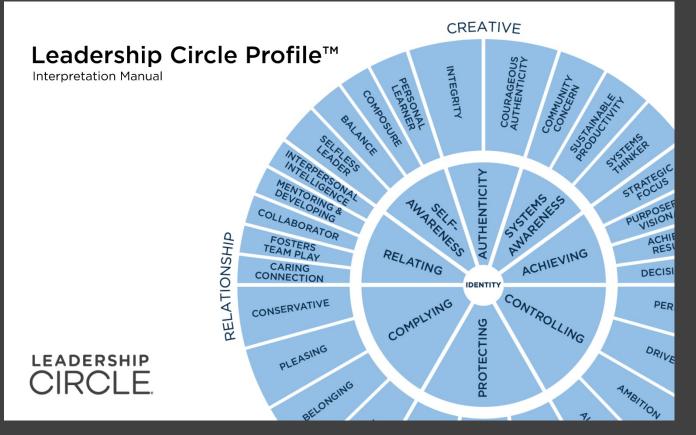
An Integrated Framework for Breakthrough Performance and Extraordinary Business Results



Bill Adams

Bob Anderson





PROFILE INTERPRETATION MANUAL





The Leadership Circle Profile Aligns With Vertical Development Theories. Learn more here.

